



## INTRODUCTION

With technological advances in microsurgery evolving faster than ever, modern eye surgery requires specialized equipment, nursing, and anesthesia staff. Peninsula Eye Surgery Center has been developed by leading eye surgeons who share the vision of excellence of an outpatient ophthalmic surgical center.

The result is a modern ambulatory surgery center, owned and operated by ophthalmologists, that specializes in serving the unique needs of eye surgical patients. Newly opened in 2005, we are the first such center in the geographic area between and including San Francisco and San Jose. As one of California's largest outpatient surgery centers dedicated solely to eye surgery, we perform one of the largest volumes of eye surgery in northern California, including cataract, glaucoma, and corneal operations, eye laser procedures, and leading edge refractive surgeries employing artificial lens implants.

Used by more than twelve of the Bay Area's top ophthalmic surgeons, Peninsula Eye Surgery Center frequently hosts both national and international visiting surgeons. Being one of the busiest eye surgical centers in the state allows us to use state-of-the-art ophthalmic surgical equipment and to employ a full time staff which specializes in eye surgery.

Peninsula Eye Surgery Center is Medicare and state licensed, and certified by AAAHC, the top national accreditation organization.

## PREPARATION

The YAG laser procedure is not true "surgery" and it is performed in a small treatment room rather than an operating room. You should prepare for this just as you would for an eye examination in your doctor's office. Your regular medications, such as pills or eye drops, should be taken at the normal times. You will not change clothing, nor receive any sedation. Only the treated eye will be dilated, and it will be numbed with anesthetic drops.

You will be seated at an eye microscope similar to that used for a routine eye exam. The microscope is used to steady your head, and to focus and administer the laser treatment. A special focusing lens will be placed on the eye to control eye movements and to prevent the lids from closing. Because the amount of laser energy is so small, there is no effect on the other eye or other parts of your body. There is a clicking sensation as the laser is administered. Following the treatment, there may be temporary blurring during the first day. The eye may be slightly irritated later in the day, but pain is uncommon, and a bandage will not be necessary.

## **DIRECTIONS**

### **From San Mateo via 280:**

Exit Magdalena Road, turn left, and cross Foothill Expressway (street changes to Springer). Turn right (South) onto El Camino Real. After Shoreline/Miramonte, surgery center is on left. Continue past it; make U-turn at Castro. After crossing Castro Street, the entrance to the surgery center is just beyond the Passage to India Restaurant on the right.

### **From San Mateo via 101:**

Exit onto Hwy 85 South (towards Santa Cruz). After 1 mile, exit Hwy 82 towards El Camino Real – Grant Road. After exiting onto Hwy 82, you will come to a traffic light intersection: El Camino Real. Turn right, onto El Camino Real, heading north. The surgery center will be exactly 1.0 mile on the right. Before reaching the surgery center, you will pass through 2 traffic light intersections (first Calderon St, then Castro St). After crossing Castro Street, the entrance to the surgery center is just beyond the Passage to India Restaurant on the right.

### **From San Jose via 101:**

Exit Hwy 237 (to Mountain View-Alviso Rd). Freeway forks after 1 mile. Stay left, to Hwy 82 North (Mountain View). After exiting onto Hwy 82, you will come to a traffic light intersection: El Camino Real. Turn right, onto El Camino Real, heading north. The surgery center will be exactly 1.0 mile on the right. Before reaching the surgery center, you will pass through 2 traffic light intersections (first Calderon St, then Castro St). After crossing Castro Street, the entrance to the surgery center is just beyond the Passage to India Restaurant on the right.

### **From East Bay via 237:**

Exit Hwy 237 (to Mountain View-Alviso Rd). Freeway forks after 1 mile. Stay left, to Hwy 82 North (Mountain View). After exiting onto Hwy 82, you will come to a traffic light intersection: El Camino Real. Turn right, onto El Camino Real, heading north. The surgery center will be exactly 1.0 mile on the right. Before reaching the surgery center, you will pass through 2 traffic light intersections (first Calderon St, then Castro St). After crossing Castro Street, the entrance to the surgery center is just beyond the Passage to India Restaurant on the right.

### **From San Jose via 280:**

Exit Hwy 85 North (to Mountain View). Proceed 2.5 miles to El Camino Real exit. Do not take El Camino Real Sunnyvale exit. Take 2nd exit – Hwy 82 North (towards El Camino Real – Mountain View). Proceed North on El Camino Real. The 3rd intersection is Castro Street. After crossing Castro Street, the entrance to the surgery center is just beyond the Passage to India Restaurant on the right.

### **From Saratoga via 85:**

Exit Hwy 85 North (to Mountain View). Proceed 2.5 miles to El Camino Real exit. Do not take El Camino Real Sunnyvale exit. Take 2nd exit – Hwy 82 North (towards El Camino Real – Mountain View). Proceed North on El Camino Real. The 3rd intersection is Castro Street. After crossing Castro Street, the entrance to the surgery center is just beyond the Passage to India Restaurant on the right.

